# **Impact Report**

Sonny's Bedroom Makeover







#### **Project summary:**

Sonny wants some new bedroom equipment so that his bedroom will become a safe space for him to self regulate. When he feels overwhelmed he would have a space he can go to to safely unwind, and watch tv or play on his gaming system.

#### **Overview**

15 year old Sonny has Autism, and lives with his mum in Liverpool in an area considered in the top 20% of deprivation in the country. As a single parent raising a child with a disability, Sonny's mum does as much as she can for him, but can't afford to make the necessary updates and changes to his bedroom as he grows up and his needs get greater.



Sonny is struggling to cope with full days at school as he experiences ASD burnout. His developmental age is lower than his physical age, and he often finds himself in trouble as his social skill are not at the same level as his peers and he misreads situations.

There are many other elements to Sonny's diagnosis, he does struggle with extreme anxiety and seems to have no short-term memory, he can lose things and often loses his bus pass.

Sonny does not like his photo being taken so we have been unable to provide photos of Sonny specifically.

















### **Impact**

Sonny's new bedroom has made a significant difference in his daily life. The updated furniture and layout have transformed his room into a safe, calming space where he can retreat and unwind. With access to his gaming system and television, Sonny now has a comforting environment that helps him feel at ease.





The new bedroom setup also supports Sonny in managing his daily routines. The organised furniture and storage solutions help Sonny keep track of his belongings, which reduces the anxiety caused by losing things like his bus pass. This organisation encourages Sonny's sense of independence and responsibility, enabling him to feel more in control of his environment.

Sonny's, mum said:

Sonny is so happy with his new room, he spends more time in there, and the door is shut! He loves his new space, it feels lovely and cosy in there. He likes keeping it tidy, he wont let his me put anything away, he wants to tidy everything away himself, just where he wants it!"

## Thank you Kans and Kandy



As you can see from the quotes, pictures and video, Sonny's new bedroom is his dream come true and it is already having a significant impact on his daily life. His mum also said;

"We're so happy and grateful to you and Dreams Come True for all of this for Sonny, we couldn't have done it without you all. He has a brand new room for Christmas!"

This dream delivers a long lasting – life-enhancing and life-changing - moments of magic.

Thank you so much for your support and joining us as #DreamMakers.



